

EVERYDAY FIRST AID



What you will learn

Emergency Management

Cuts & Grazes

Choking

Bumps to the Head

Burns & Scalds

Assembling a Home First Aid Kit

Heat Emergencies

Nosebleeds

Allergic Reactions

Febrile Convulsions

Asthma



Karen Gardner, has been a Registered Nurse for nearly 40 years. She has worked in a variety of clinical settings and is a practising First Aid, CPR and AED instructor with First Aid Plus. HongKong

Each participant will receive a set of Everyday First Aid Notecards to accompany the course & a Certificate of Participation on completion.



FIRST AID PLUS